

Junior Rider <u>Rule Book</u> 2024

<u>Junior Rider Code of Conduct</u>

If you are a *Junior Rider* taking part in IMC events, you *MUST* read and follow our Junior Code of Conduct.

- HAVE FUN!
- Officials are there to help you if you are unsure of ANYTHING ask!
- HAVE FUN!
- Listen to the instructions of Officials they are there for your safety!
- HAVE FUN!
- Always listen carefully and respectfully during the Track walk!
- HAVE FUN!
- Try your best to learn the instruction of each flag!
- HAVE FUN!
- Wear suitable kit (including a helmet) and clothing for all sessions!
- HAVE FUN!
- Always keep yourself protected NEVER ride without a fastened helmet!
- HAVE FUN!
- Remember to close your visor when on track wheels throw up stones OUCH!
- HAVE FUN!
- If you crash or your bike stops step off the track until an adult arrives!
- HAVE FUN!
- Remind your parents to accompany you to Riders Safety Briefing!
- HAVE FUN!
- Show respect for your competitors on and off the track!
- HAVE FUN!
- Treat all your competitors as you would wish to be treated!
- HAVE FUN!
- Let Officials know YOUR ideas of how you think we can improve YOUR day!
- AND DONT FORGET ... HAVE FUN!

<u>Junior Rider Check List</u>

As *Junior Rider* s' there are certain things that you can take responsibility for in order to help your Race Day run smooth...

- Attend the Track Walk
 - o Pay attention and do not be afraid to ask questions this is how we all learn!
- Attend the Rider's Briefing
 - ALL Riders' MUST attend the Rider's Briefing in order to compete in the event. During the briefing important safety instructions are given by the Clerk of Course. This is another opportunity to ask questions!
- Protective Equipment
 - Protective Equipment includes your Leathers, Helmet, Gloves, Boots, and your Back Protector. Please NEVER venture onto the track unless you are wearing ALL equipment and always check for any damage after any mishaps on track!
- Race Ready Bike
 - Check with your Mechanic/Pit Crew that your bike is RACE READY fuel, gearing, tyre pressures be mindful of how hard they work to get you out on the track!
- Whereabouts
 - o Make sure the person responsible for you is aware of your whereabouts at all times.
- Have Fun!
 - Racing can be many things, and sometimes all on the same day. You can have days when everything is 'Amazeballs' - your bike is 'running like a dream' and your riding is 'on point'. Others' may bring disappointment - problems with your bike, a spill on track, or perhaps just not finishing as high up the Leaderboard as you had hoped. That's all part of racing... The most important thing to remind yourself at THE START and END of EVERY race day is that you are there to HAVE FUN!
 - If, at the end of the day, you can say "I had fun!" ... Everyone is a Winner!